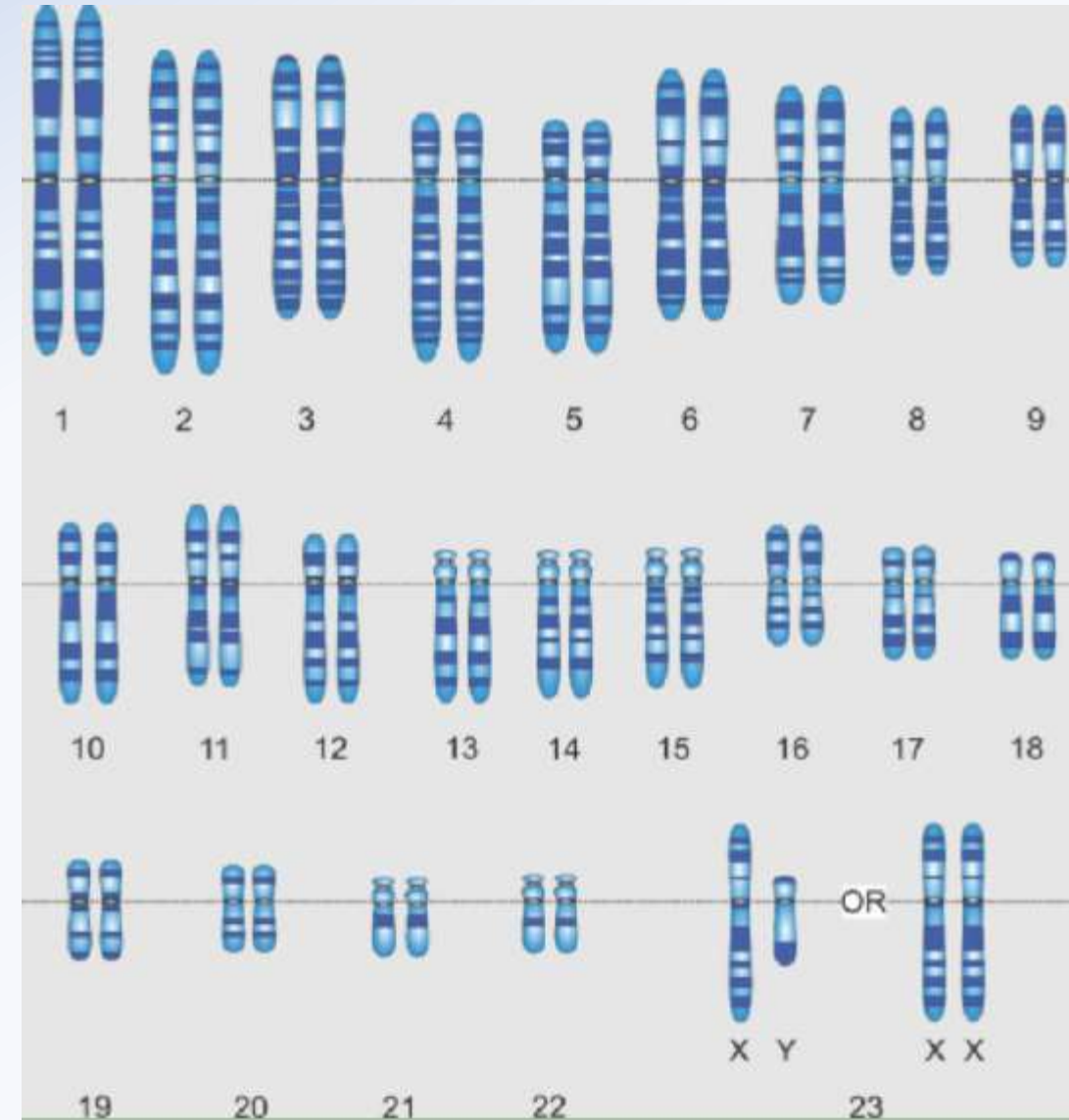


# WUHS Biology: Traits & Genes Unit

Week 1 – How are  
traits determined?

# Traits & Genes Unit – W1 Driving Question

- **Driving Question: What determines the traits of an organism?**
- How are the traits of an organism affected by DNA and proteins?
- How do processes at the cellular level determine the observable traits at the organismal level?
- How are the instructions for an organism's traits passed on as cells divide?
- How can one cell become trillions of cells in an organism?



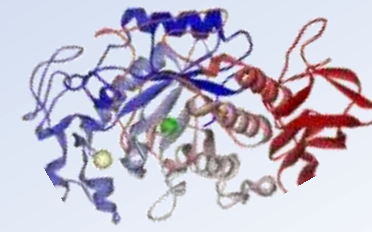
# Traits are determined by proteins.

- **All living organisms have physical traits, or observable characteristics.**
  - Examples of traits in your own body include eye color, hair color, height, and all other observable characteristics.
- **An organism's traits are determined by the kinds of proteins assembled in its cells.**
  - Proteins are *macromolecules* (or *polymers*) comprised of long chains of amino acids.
  - Proteins are what perform most cell activities.
  - The order in which amino acids are assembled determines the type of protein.

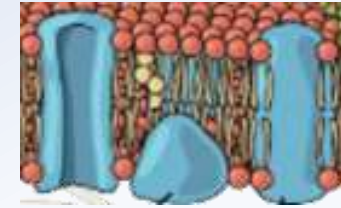


# Functions of Proteins

- **Different kinds of proteins perform different functions within a cell. Examples include:**
  - Enzymes rearrange atoms to form new molecules, or assemble or disassemble polymers.
  - Transporters move atoms or small molecules throughout the cell or the body.
  - Structural Proteins provide physical support and rigidity to shape and hold up an organism's body.
  - Contractile Proteins can lengthen and shorten to allow an organism to move.
  - Signaling Proteins such as hormones send coordinate activities within & among cells.
  - Antibodies attach to viruses & bacteria to protect cells within the body and aid in their identification.



Enzymes such as amylase assemble, disassemble, or re-arrange molecules.



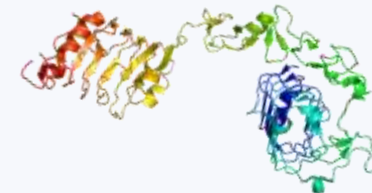
Transport proteins in cell membranes move substances into or out of the cell.



Structural proteins like keratin provide physical support to organisms' bodies.



Contractile proteins like actin & myosin enable muscles to contract & relax.



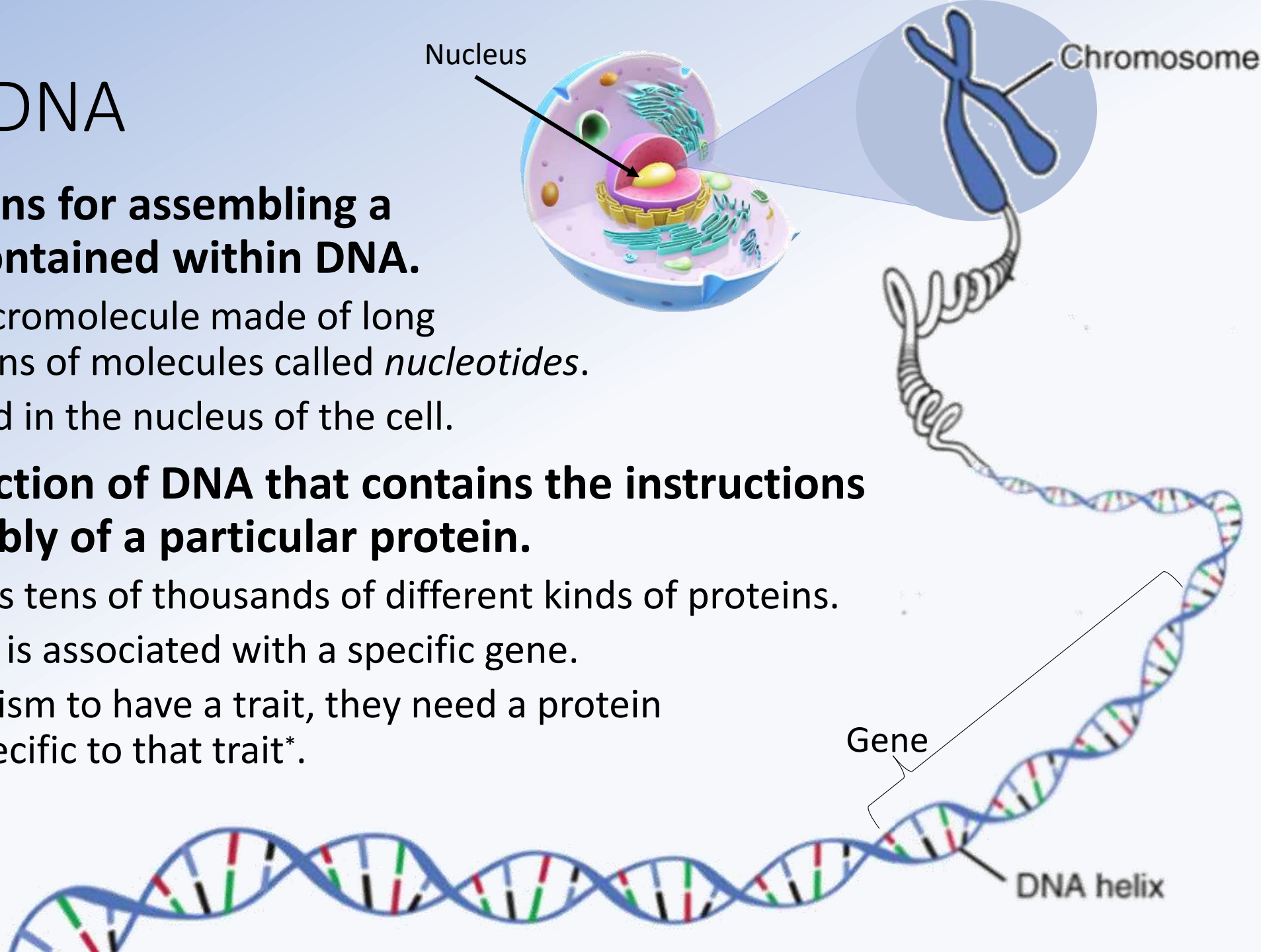
Insulin is a hormone that regulates levels of glucose in the blood.



Antibodies attach to bacteria and viruses in order to protect the body and its cells.

# Genes & DNA

- **The instructions for assembling a protein are contained within DNA.**
  - DNA is a macromolecule made of long twisting chains of molecules called *nucleotides*.
  - DNA is stored in the nucleus of the cell.
- **A gene is a section of DNA that contains the instructions for the assembly of a particular protein.**
  - Cells contains tens of thousands of different kinds of proteins.
  - Each protein is associated with a specific gene.
  - For an organism to have a trait, they need a protein and gene specific to that trait\*.



# Chromosomes

- DNA can be coiled into tight packages called chromosomes.
  - In most cases, a human cell has 23 pairs of chromosomes (or 46 chromosomes altogether) →
  - Animal offspring will inherit one copy of each chromosome from each biological parent.
- Most of the time, DNA is not found in chromosomes.
  - DNA is only packed into chromosomes prior to cell division to ensure that it is divided evenly between each cell.
- Prior to packing DNA into chromosomes, animal cells will duplicate its DNA.
  - This means a cell will temporarily have four copies of each chromosome before dividing in half →

Humans generally inherit 23 chromosomes from each parent; a cell typically contains 46 chromosomes overall.

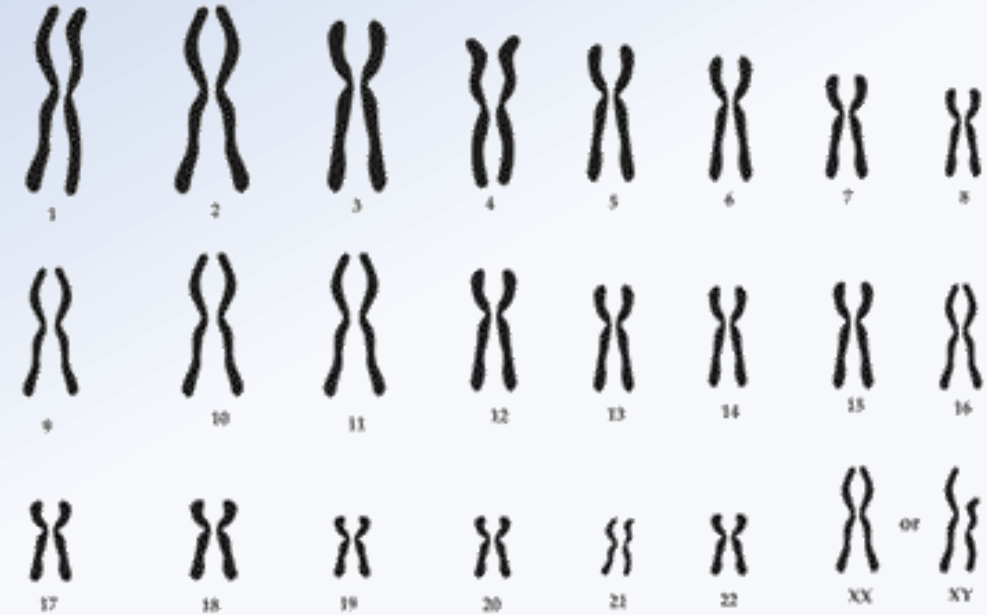


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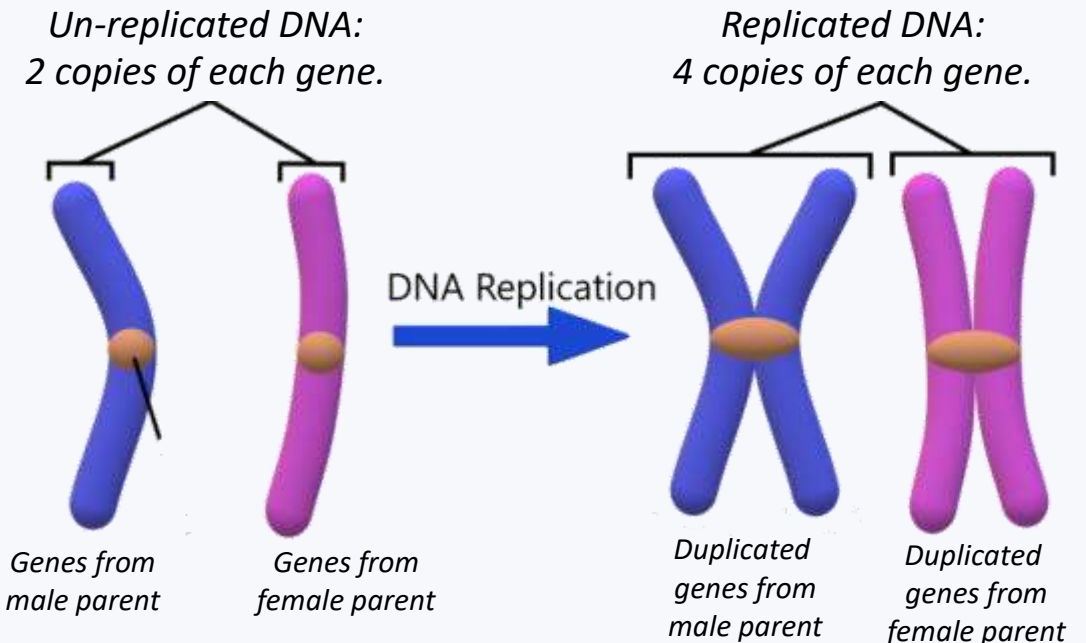


Image Source: Wikimedia

# Mitosis

- **For an organism to grow, it must acquire atoms from food, assemble new molecules (through *biosynthesis*), and enlarge its cells.**
  - Eventually cells can grow large enough to split into two separate cells.
  - The process of creating new cells through cell division is called mitosis.
  - Mitosis is necessary for an organism to grow larger, to replace dying cells, and to repair wounds and damaged tissue.
- **Replication of DNA is an important to mitosis.**
  - Without DNA, a cell would be unable to assemble the proteins that it needs to function.
  - Packing DNA into chromosomes ensures that genes are split evenly between the two cells.

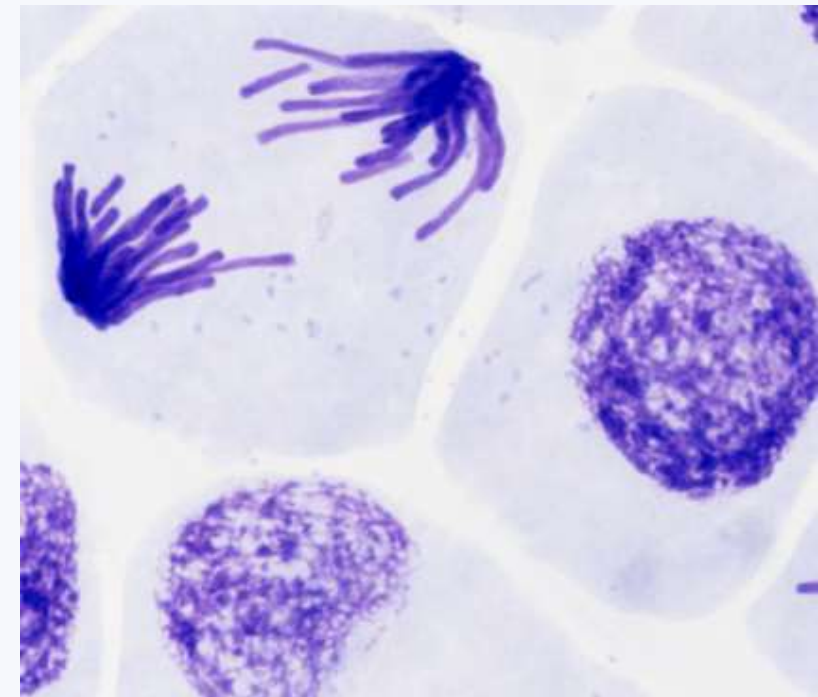
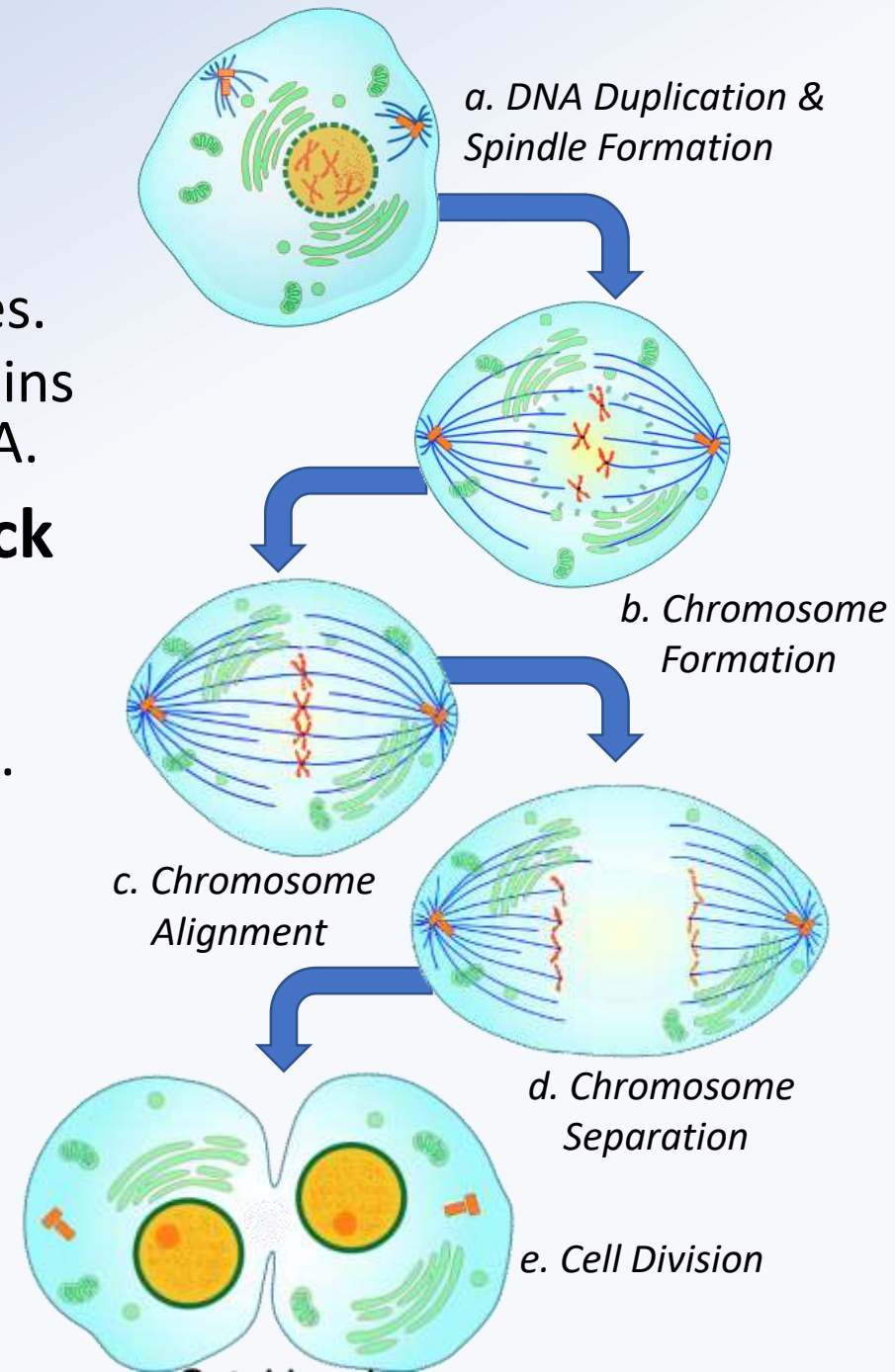


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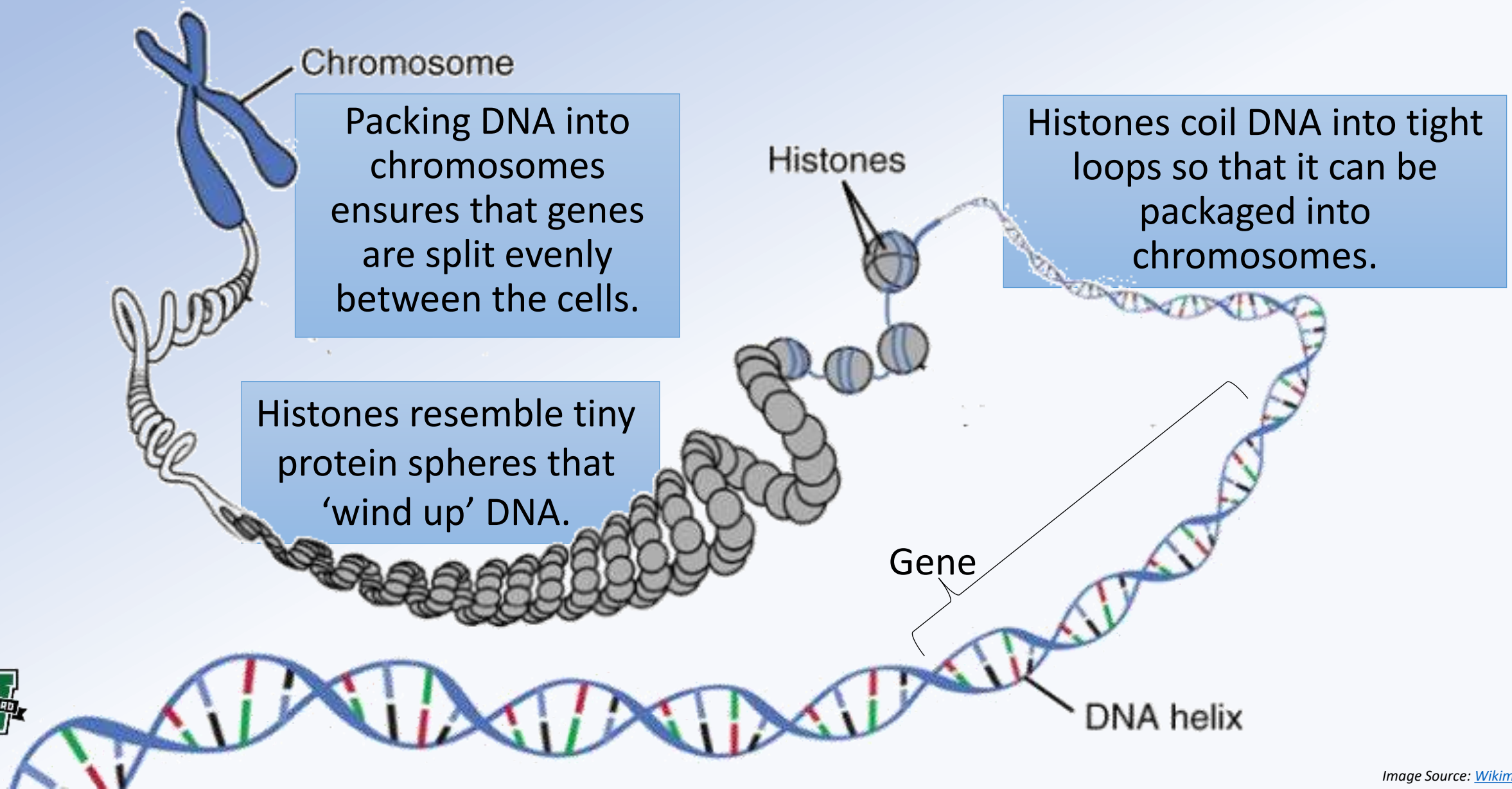
# Stages of Mitosis

- **Prior to cell division, a cell must duplicate all its DNA (a).**
  - It must also increase in size and duplicate its organelles.
  - The cell will also assemble specialized structural proteins (called spindles) to organize and evenly divide the DNA.
- **The cell then uses proteins called histones to pack the loose DNA into tight packages called chromosomes (b).**
  - Chromosomes then line up on the protein spindles (c).
- **Each chromosome then moves away from its copy (d).**
  - Once separated, the chromosomes unravel from the histone proteins back into loose DNA; the spindle proteins are then disassembled.
  - The large cell then separates into two smaller cells, each with their own copy of DNA (e).





# Closer Look at a Histones & Chromosomes



# Regulation of Mitosis

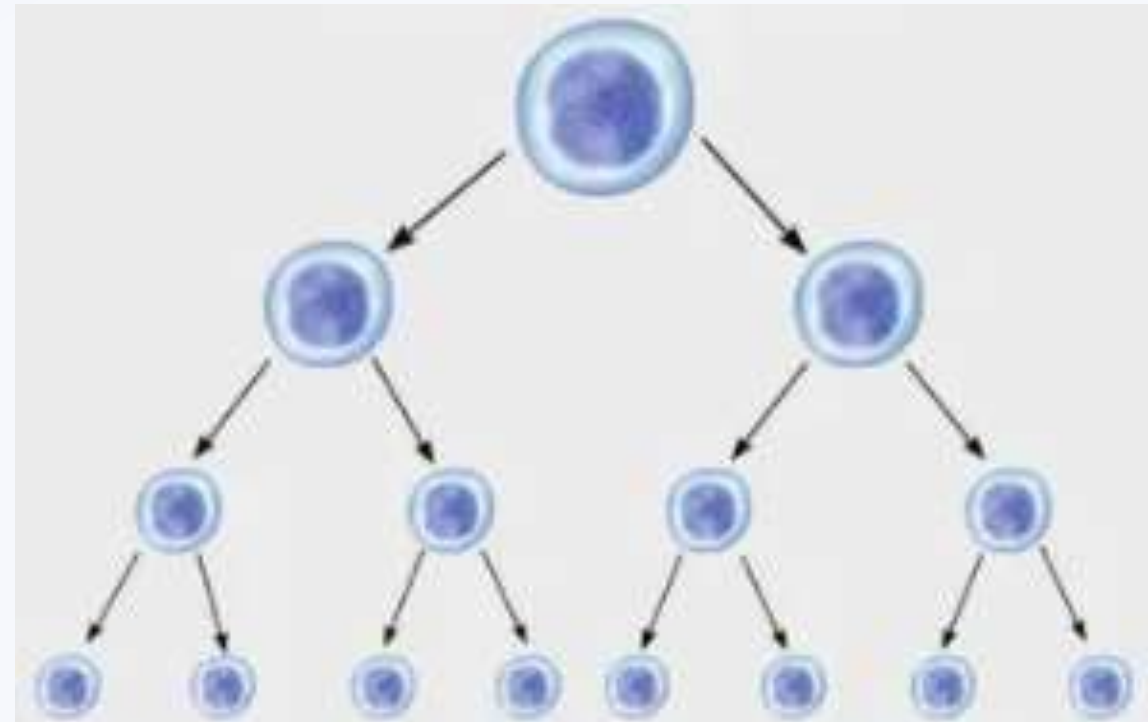
- **An organism must carefully control how rapidly its cells divide.**
  - If cell division is too slow, an organism will struggle to recover from injury and will have a slow rate of growth.
  - If cell division is too rapid, it can disruption bodily function. An extreme form of uncontrolled cell growth and division is cancer.
- **Mitosis and cell division are regulated by specialized proteins such as *cyclin* (which stimulates *spindle* formation) and *growth factors*.**
  - These proteins limit when and how often a cell can divide.
- **Cell growth is also regulated by programmed cell death (or apoptosis).**
  - If a cell is damaged and should not divide, it will produce enzymes that stop cell division and break down the cell →



# Exponential Growth

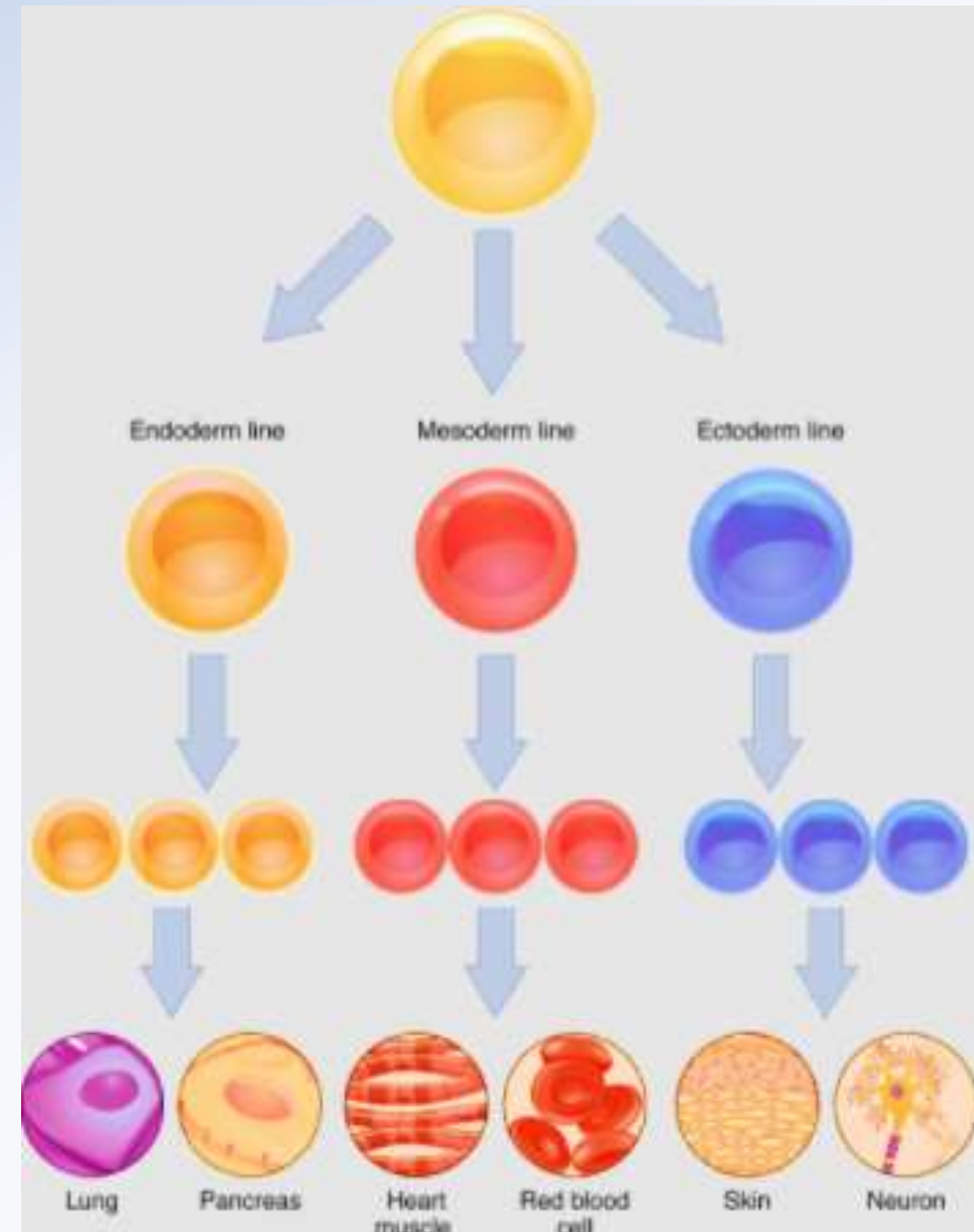
- **Every living organism begins with only one cell; however, most animals have *trillions* of cells.**
  - Exponential growth explains how trillions of cells can form from just one.
- **Exponential growth refers to when an increase in the number of something occurs at a faster and faster rate over time.**
  - For example, when an organism's first cell, divides, it creates 2 cells.
  - These 2 cells will divide into 4 cells.
  - 4 cells can then create 8 cells, 8 cells can create 16 cells, and then 32, then 64, etc.
  - Each time, the number of cells doubles.
- **If each cell divided once a day, it would only take 40 days to reach 1 trillion cells.**

Image Source: [Omni](#)



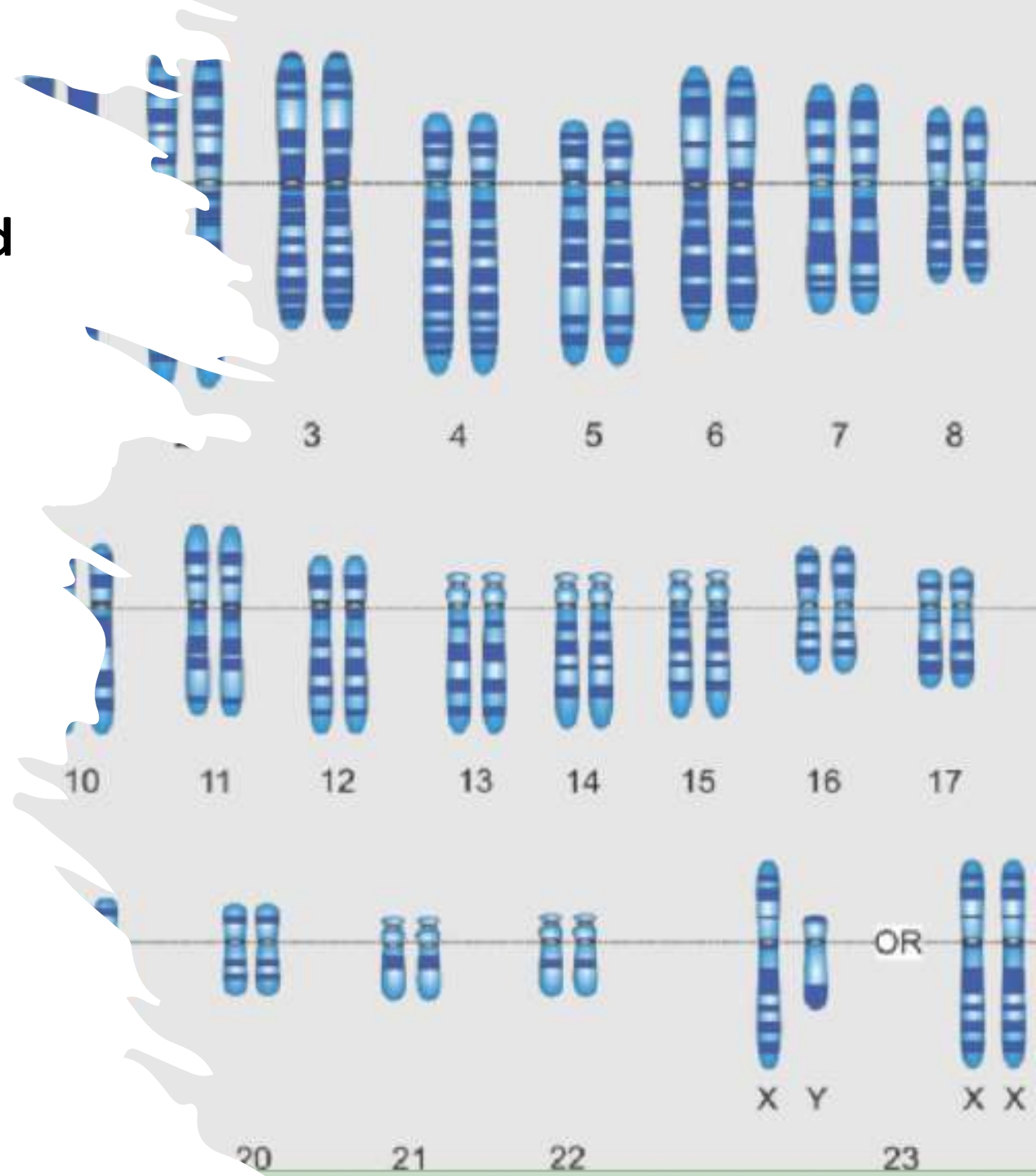
# Cell Differentiation

- **Almost all cells in an organism share the same DNA; however, multi-celled organisms require different kinds of cells with different functions.**
  - For example, muscle cells have proteins that contract; nerve cells can send electrical signals; and bone cells can support a body's weight
- **Cells must be able to control which genes are expressed to create different kinds of cells with different jobs and characteristics.**
  - This process is known as cellular differentiation.
  - As cells divide, they receive signals to turn off some genes; within a few days of fertilization, a cell's function is already generally determined.



# Revising Our Claims

- **Revisit your ideas from Part 1. How could you improve your responses to our Driving Questions?**
  - What determines the traits of an organism?
  - How do DNA and proteins affect the traits of an organism?
  - How do processes at the cellular level determine the observable traits at the organismal level?
  - How are the instructions for an organism's traits passed on as a cell divides?
  - How can one cell become trillions of cells in an organism?



# Looking Ahead: Part 3 Investigation

- **In Part 3 you will be conducting two investigations.**
  - In Part A, you will use your understanding of the steps of mitosis to determine the correct order of images of cells dividing.
  - In Part B, you will observe different stages of mitosis in both plant and animal cells using a microscope.



# Key Points

- **An organism's traits are determined by the kinds of proteins assembled in its cells.**
- **Different kinds of proteins perform different functions within a cell. Types of proteins include enzymes, transporters, structural, contractile, signaling, and antibodies.**
- **The instructions for assembling a protein are contained within DNA, a long twisting macromolecule.**
- **A gene is a section of DNA that contains the instructions for the assembly of a particular protein. For an organism to have a trait, they need a protein and gene specific to that trait.**
- **DNA can be coiled into tight packages called chromosomes. DNA is packed into chromosomes prior to mitosis to ensure that it is divided evenly between each cell.**



# Key Points

- **The process of creating new cells through cell division is called mitosis.**
- **Replication of DNA prior to mitosis is important to ensure each cell has the instructions needed to assemble the proteins that it needs to function.**
- **Duplicating DNA and packing it into chromosomes before mitosis ensures that genes are split evenly between the two cells.**
- **Mitosis consists of a few key steps, including... a) duplicating DNA and assembling spindle proteins; b) packing DNA into chromosomes using histones; c) lining duplicated chromosomes onto spindles; d) separating the chromosome copies; and e) dividing the cell in half.**





# Key Points

- Cell division must be carefully regulated. Slow cell division limits the rates of growth and healing. Overly-rapid cell division can result in cancer.
- Regulator proteins like *cyclin* (which stimulates *spindle* formation) and *growth factors* limit when and how often a cell can divide.
- Exponential growth explains how trillions of cells can form from just one. In only 40 cycles of doubling, one cell can become trillions.
- While cells in an organism share the same DNA, multi-celled organisms require different kinds of cells with different functions. Through cellular differentiation, cells receive signals to turn off some genes, which determines a cell's eventual function.

# Key Vocab

- **Physical traits**: the observable characteristics of an organism.
- **Proteins**: a type of macromolecule (or *polymer*) comprised of long chains of amino acids that perform most cell activities.
- **DNA**: a macromolecule made of long twisting chains of molecules called *nucleotides*.
- **Gene**: a section of DNA that contains the instructions for the assembly of a particular protein.
- **Chromosome**: a tightly coiled package of DNA; chromosomes ensure DNA is divided evenly between each cell during mitosis.
- **Mitosis**: cell division with DNA replication.
- **Spindles**: specialized structural proteins that organize & evenly divide DNA.
- **Histones**: proteins that coil the loose DNA into tight packages.
- **Cancer**: an extreme form of uncontrolled cell growth and division.
- **Apoptosis**: programmed cell death.
- **Exponential growth**: an increase in the number of something occurring at a faster rate over time.
- **Cellular differentiation**: changing which genes are expressed to create different kinds of cells with different jobs and characteristics.

